



Albion Primary School

Albion Primary School
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Our purpose is to educate all of our children and enable them to become effective members of society.

Newsletter No. 11

22nd August 2019

DIARY DATES

August

23rd – Interschool athletics carnival
26th - Sporting schools clinic
28th - Sporting schools clinic
29th – Fathers' Day stall

September

2nd - Sporting schools clinic
3rd - Prep excursion to Botanic Gardens
4th – Biggest Morning Tea
4th - Sporting schools clinic
16th - School Council meeting
17th - School production rehearsal at venue
18th - School production at 6:30pm
20th - Last day of term (early dismissal - 2:30pm finish)

October

7th – School resumes for term 4 at 9:00am
25th – Colour Fun Run

However, being a member of staff at Albion is much more than teaching lessons. Staff often carry the roles of a surrogate parent, mentor, counsellor, role model, cleaner, nurse, plumber, builder... They are learners, mediators, managers, designers, researchers, assessors... and list goes on.

According to students, the top five qualities of the best teachers are: their ability to develop positive relationships with their students; a patient, kind and caring personality; they know their students and the way they learn; they are dedicated; and they engage students in their learning.

These are also 'super/special powers' I like to think the staff at Albion have. Our students are very lucky.

Building Works

It is hoped that we can start moving the 3/4 classes into the refurbished rooms next week. This will be an exciting time for these classes as they have been cramped in the smallest classrooms in the school. The temporary fences should come down at the end of this week so the F – 2 classes will be able to resume lining up in the mornings in the central area (where the painted coloured snake is on the ground).

Towards the end of term, there will be some further disruption as we prepare for the capital works. The current administration area and art room are being reconfigured to house administration, an up to date first aid room close to the office and staff lounge and learning spaces. The art room will have a new space created in the current staff room. A new entrance will be built so that visitors do not have to enter the playground with the children when they come to the school. The old metal Bristol building (the small building at the end of the basketball court) will be demolished at the end of the renovation. This building is counted as 'excess space' that the school is not entitled to. Whilst the disruption will cause some short

Message from the Principal

Albion Academy of Super/Special Powers

On Wednesday, we celebrated our students' 'super/special powers' including the powers of kindness, persistence, creativity, thoughtfulness, enthusiasm, determination, sharing of knowledge, respecting others, helpfulness, considering others, friendliness, imagination, resilience, calculating numbers, reading, having a go, reliability, productivity, thinking clearly, cooperation, positive leadership, musicality, trying hard and many others.

I also think the staff at Albion Primary School have the above 'super/special powers'. Staff at this primary school perform a range of tasks on a daily basis. They include planning and preparing daily and long term lessons, organising, attending and supervising school activities, attending staff meetings and working together to improve student outcomes.

Our Values: Respect, Honesty, Care, Learning and Achievement

term pain, I am confident the long term gains will be worth the inconvenience.

If anyone would like to see the plans, they are on display near the office.

Sincerely
Adrienne Williamson

Book Week (19th – 23rd August)

What a SUPER day it was!

Albion Academy of Super Powers was teaming with SUPERbly dressed students and staff on Wednesday 21st August as we celebrated Book Week.

In a rather cosy multi-purpose room we paid homage to our wonderful students and the 'super powers' that they demonstrate each day. We also celebrated our love of books reading by dressing up and having our book character parade.

The winning characters for this year were:

Prep A Lucas and Maui

Prep B Nila and Persephone

12A Alex and Noah

12B Leah and Thomas

12C Eric and Paia

34A Ava and Eben

34B Tatjana and Zac

56A Aluel and Angelo

56B Brianna and Mudrik



I would like to thank the students, staff and parents of Albion for all of the wonderful effort they put into this day and every other day. It truly is a SUPER school!

Yours in reading ☺

Sally Tikulin

Curator and Custodian of the Collection

School Council News

At the meeting last Monday night, School Council approved the update of the suite of child safety policies. Albion Primary School has a written commitment to the safety and

wellbeing of all children and young people and is the primary focus of our care and decision-making. Jann Turner was appointed the Child Safe Officer. You will find copies of the Child Safe documents on the school's website. If you would like to read the documents but are unable to access the website, please ask at the office and a copy will be provided.

School Council also approved a sustainability policy that helps Albion on its way to becoming a 5 Star sustainable school.



There are a number of things the school has to do on its way to becoming a 5 star school and having the policy is the first step. The Terrific Tuesdays and WOW (Wipe out Waste) Wednesdays is another way to help this along. There is some further information about Tuesdays and Wednesdays further in the newsletter.

Uniform



Different colours and patterns, jumpers and tops are creeping into the school grounds on children's backs!

Albion Primary School has a student dress code and the expectation is that students wear school uniform to school. The uniform colours are navy blue and white. Tops (jackets, windcheaters, polo shirt) have the school logo on them and can only be purchased from the school. Bottoms (skirts, skorts, shorts, track pants, pants) are to be plain navy blue and may be purchased elsewhere but we do have stock at school. Navy and white school dresses are available at the school but also can be purchased elsewhere. Shoes must cover

children's feet and toes but can be school shoes or runners. Hair that is shoulder length or longer needs to be tied up. Jewellery (other than small stud/sleeper earrings and medical alert jewellery), make up and nail polish are for home use and are not to be worn at school on general school days.

Thank you to the children and families who do follow our school dress code.

If any families are experiencing difficulties in supplying school uniform, please talk to your child's classroom teacher, Mrs Turner, Ms Murray or Mrs Williamson at school. There are ways we can assist. We also have a small stock of second hand uniforms at the school. We rely on ex-students' uniforms or outgrown uniforms for the second hand stock, so what we do have in stock varies at different times.

During winter, it can be difficult to get uniform pieces dry. However, if that is the case, a note from the parent/guardian is to be sent to school. Children are then permitted to wear plain navy blue or white items of clothing only until the uniform is ready to wear again.

School Production

Albion Primary School
presents
Camp Grenada
Wednesday 18th September
at 6:30pm
Quin Auditorium
Caroline Chisholm College
204 Churchill Avenue, Braybrook

We invite students to submit a picture that can be used as the poster for this year's production. It should be done on a plain white A4 sized piece of paper and reflect the theme of the show, a school camp at Camp Grenada. It needs to be given to Mrs Williamson by Thursday 29th August. Thank you to the students who have already submitted their poster. A decision will be made as to which poster will be used and announced at assembly on Friday 30th August.

Rehearsals are continuing and we encourage students with main roles to practise their lines as much as they can. Scripts have to be down very soon. We also hope that students are practising their moves for their class and group

items. Thank you so much to the parents who have been making and painting props and set pieces. If you are able to help out, please see Mrs Turner or Mrs Williamson.

The whole school rehearsal at the venue is on Tuesday 17th September. It happens after school and goes until 8:00pm. Details for this event will be provided closer to the date.

Tickets will go on sale from the office at the start of September.

Terrific Tuesdays and WOW Wednesdays

We are wanting to promote active travel to become a large component of health and sustainability at our school. Every week on Tuesdays we will count how students travel to school. We call this **Terrific Tuesday**. Students display how they travelled to school by putting a peg on a plate showing their mode of transport. House points will be given to students.

50 points – walk, scoot or ride.

30 points – walk at least 2 blocks and use bus, train or car.

20 points – public transport (bus or train).

10 points – car.

Every Wednesday we encourage students to bring a **nude food lunchbox** to school. Nude food means *no wrappers* so that we are sending less waste to landfill and ensuring our waste does not harm marine life in Port Phillip Bay. House points will be given to students on Wednesdays, however we would like students to get into this habit every day.

50 points for bringing a lunch box without wrappers (or if snacks/lunch ordered from the canteen are wrapper free)

Plus 5 points for every type of fruit or vegetable in the lunch box



Children use house coloured pegs to keep track of their travel on Tuesdays and their lunch boxes on Wednesdays. The House Captains collect the house points on Fridays to tally up the points and results are announced at assembly.

Junior School Council Fund raising

The school raised \$531.30 for Red Nose Australia. Thank you to everyone for participating and donating to this worthy cause.

Community News



In the coming weeks, you will start to see movement out of the school from the Albion and Friends Community Toy Library. Unfortunately, due to upcoming capital works, that will result in the school needing to utilise the space that the toy library uses, the eventual demolition of the building that houses the toy library, and the lack of other community space, the school has to terminate the agreement it has with the toy library. Discussions with the toy library have been held since we knew about the capital works last year. The committee of the toy library have been working with Brimbank Council to try and find alternative accommodation. The school has loved having the toy library as part of its community and working in partnership with its committee. However, the needs of the school community – students, staff and parents – must be thought of first and foremost in these considerations. The school will continue to support the toy library in any way it can as it transitions out of the school.

Regular sessions are Tuesday afternoons from 3:30pm – 4:30pm and Friday mornings from 9:15am – 11:00am

On Tuesday 27th August, the toy library are holding an extra session for mothers and babies from 11:30am – 1:00pm.

Student Learning and Achievement Awards Week ending 2nd August 2019



Prep A	Emmanuel - For always displaying the school values of respect, honesty, care, learning and achievement in all that he does.
Prep B	Ellen - For showing confidence in her learning.
12A	Kratoz - For trying his best with all school activities.
12B	Mayank - For having a dedicated attitude towards his work, even when he finds things difficult!
12C	Bella - For listening carefully in numeracy, making greater contributions during our class discussions and for completing her work enthusiastically.
34A	Adeng - For her fantastic work on her African country project.
34B	Safiya - For thinking clearly when inferring information from a picture.
56A	Andrew - For displaying an increased improvement with his concentration skills.
56B	Sahara - For her commitment to improving her learning during numeracy.
Art	Agham 1/2B - For displaying excellent cutting skills
PE	Mudrik 5/6B - For always giving his personal best during all Physical Education lessons.
Italian	Daniel PB - For doing a wonderful job of answering questions accurately Ayaanuddin 5/6B - For being a helpful and conscientious student
Numeracy (Mrs Ryan)	Davina 1/2A - For her wonderful counting
Sustainability	The Whole Grade 5/6A & 5/6B For trialling the new 5 bin system, the soft plastic & food scrap bins & for participating in 'Terrific Tuesday' & 'WOW (wipe out waste) Wednesday'. We are now a step closer to becoming a 5-star sustainable school!
Environment	Dahlia PA – For Bringing in eggshells for our garden beds and fruit and veggie scraps for our compost bins. Samantha 1/2A - For bringing in eggshells to put on our garden beds to help keep the bugs away.

**Student Learning and Achievement Awards
Week ending 9th August 2019**



Prep A	Imala-Murti - For putting in an excellent effort when counting backwards.
Prep B	Mathusika - For being an enthusiastic contributor to our discussions about 'Community'.
12A	Nikta - For always trying her best in all areas of learning and for showing kindness towards others.
12B	Judah - For displaying constant dedication towards his learning and for always working to the best of his ability, regardless of how difficult it might be!
12C	Paia - For being a caring and respectful member of 1/2C who always tries her best to be a good learner.
34A	David S and Mehak - For working hard on their ability to infer during reading sessions.
34B	Hayley - For completing excellent work when measuring using litres and millilitres.
56A	Harrison, Fide and Ruby - For working confidently when converting between fractions, decimals and percentages.
56B	Quan and Brianna - For working confidently when converting percentages, decimals and fractions.
Art	John 5/6A - For always being well mannered and appreciative of the 'small things'.
PE	Surena and Dahlia PA - For their fantastic long jumping during our Physical Education lesson.
Library	Emmanuel PA- For working hard on his wonderfully creative 'Rainbow Bear'.
Italian	Lana 1/2B - For doing an excellent job of correctly sequencing all the events in the class story. Janae 5/6A - For carefully matching pictures of hobbies to their corresponding words.
Environment	Surena PA - For bringing in eggshells to put on our garden beds to help keep the bugs away. Thank you!

**Student Learning and Achievement Awards
Week ending 16th August 2019**



Prep A	Meklit - For her excellent effort during production rehearsals and for being a fabulous leader for the Prep A and B girls.
Prep B	Nila - For an excellent recount of the police visit to the Preps and for working so well independently.
12A	Adam - For trying his best during maths lessons
12B	Leah - For demonstrating fantastic leadership qualities when working with others.
12C	Trevor - For always displaying the school values.
34A	David M and Anthony - For working very hard in class and making a fantastic start to their 'South America' project.
34B	Adam - For showing great enthusiasm and participation during our Tee Ball sessions.
56A	Blessing - For continuing to make connections during reading sessions to assist with analysing and interpreting texts read.
56B	Bella - For displaying a wonderful commitment to helping extend her reading by willingly broadening her genre selection.
Art	The Whole Grade 3/4A - For coming into class quietly and working well throughout the session resulting in some great pieces of artwork.
PE	Adeng 3/4A- For always giving her personal best during all PE lessons and for her fantastic high jumping.
Library	Kiet PA- For his wonderful work on his banana smoothie procedural text.
Italian	Tshoyang 1/2C - For showing great enthusiasm towards learning songs and chants and for completing all set activities during our lessons. David 3/4B - For working hard and being-up-to-date with all set tasks this term.
Environment	Chern Juin PB For bringing in eggshells to put on our garden beds to help keep the bugs away.



NEWSLETTER 01

Physical activity, sitting time and health

The Transform-Us! Program aims to get kids to move more and sit less. We are interested in all types of physical activity including moderate activity that makes you breathe a little harder than normal (e.g., cycling) and vigorous activity that makes you breathe much harder than normal (e.g., running).

WHAT ARE SEDENTARY BEHAVIOURS?

Sedentary behaviours are activities that are done while sitting or lying down (e.g., watching TV, iPad or computer, homework).

RECOMMENDATIONS:

No more than two hours a day using screens (e.g., TV, electronic tablets, video games) for entertainment and break up long periods of sitting as often as possible.

WHAT IS PHYSICAL ACTIVITY?

Physical activity is about moving your muscles. You feel warm and a little out of breath (e.g., walking, climbing trees, skipping, running, riding).

RECOMMENDATIONS:

At least 60 minutes of physical activity every day and doing activities that help **strengthen** bones at least three days per week.

THE PERCENTAGE OF CHILDREN AGED 5-17 YEARS IN AUSTRALIA THAT MEET BOTH GUIDELINES EVERY DAY:

OF BOYS

9%



OF GIRLS

8%



BENEFITS OF SITTING LESS AND MOVING MORE:

