

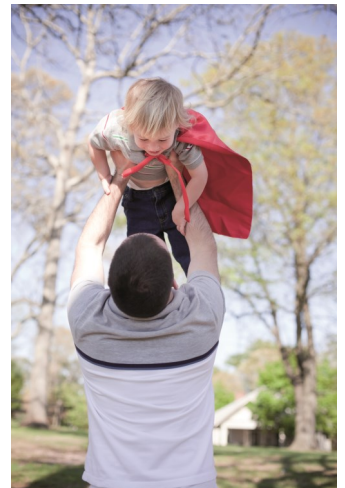
Parenting Program

Tuning in to Kids: Emotionally Intelligent Parenting

Tuning in to Kids, is a parenting program that helps parents to build strong relationships with their children, and enables them to communicate even in difficult times.

It helps parents to:

- Understand the relationship between children's emotions and their behaviour
- Teach their children to manage strong emotions
- Help their children to manage transitions better



When: The program runs over six sessions from Wed 12 August to Wed 16 September, 2015

Where: Community House, Good Shepherd
168 Main Road East, St Albans

Time: 6:00–8:00pm

Cost: Free

This group is an After Hours program and is for Dads and other carers who work during the day time

To register contact Munira Adam on 9680 8444